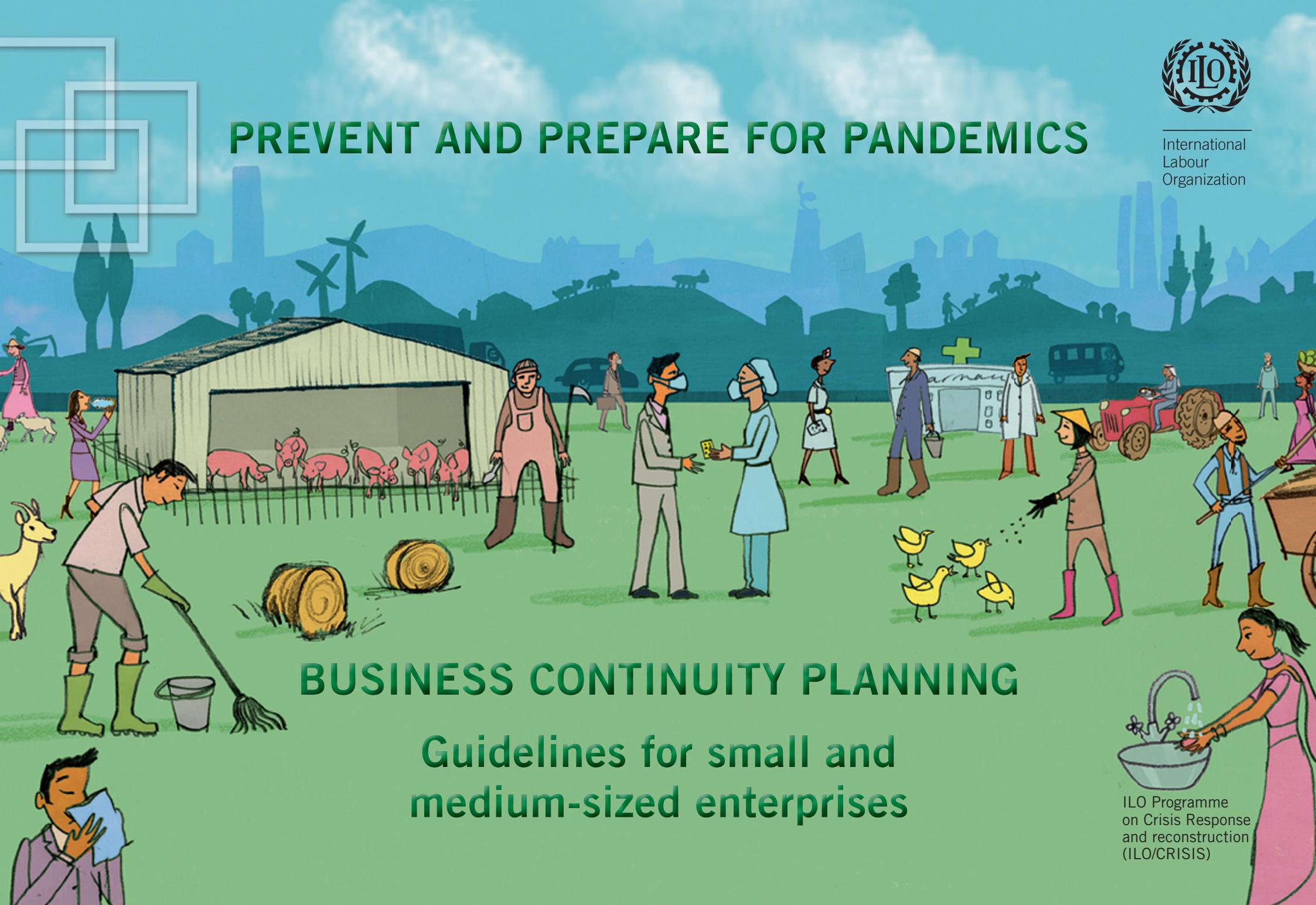




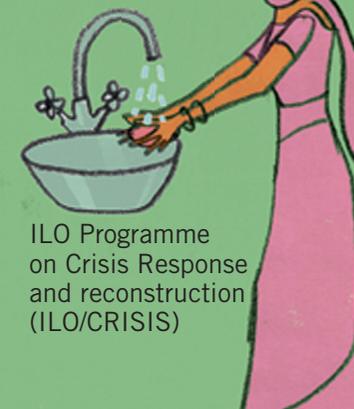
International  
Labour  
Organization

# PREVENT AND PREPARE FOR PANDEMICS



## BUSINESS CONTINUITY PLANNING

Guidelines for small and  
medium-sized enterprises



ILO Programme  
on Crisis Response  
and reconstruction  
(ILO/CRISIS)

Copyright © International Labour Organization 2009  
First published 2009

Publications of the International Labour Office enjoy copyright under Protocol 2 of the Universal Copyright Convention. Nevertheless, short excerpts from them may be reproduced without authorization, on condition that the source is indicated. For rights of reproduction or translation, application should be made to ILO Publications (Rights and Permissions), International Labour Office, CH-1211 Geneva 22, Switzerland, or by email: [pubdroit@ilo.org](mailto:pubdroit@ilo.org). The International Labour Office welcomes such applications.

Libraries, institutions and other users registered with reproduction rights organizations may make copies in accordance with the licences issued to them for this purpose. Visit [www.ifrro.org](http://www.ifrro.org) to find the reproduction rights organization in your country.

---

#### ILO Cataloguing in Publication Data

Business continuity planning: guidelines for small and medium-sized enterprises / International Labour Office. - Geneva: ILO, 2009  
57 p.

ISBN: 9789221228295; 9789221228301 (web pdf)

International Labour Office

guide / small enterprise / corporate planning / management strategy

03.04.5

*ILO Cataloguing in Publication Data*

---

The designations employed in ILO publications, which are in conformity with United Nations practice, and the presentation of material therein do not imply the expression of any opinion whatsoever on the part of the International Labour Office concerning the legal status of any country, area or territory or of its authorities, or concerning the delimitation of its frontiers.

The responsibility for opinions expressed in signed articles, studies and other contributions rests solely with their authors, and publication does not constitute an endorsement by the International Labour Office of the opinions expressed in them.

Reference to names of firms and commercial products and processes does not imply their endorsement by the International Labour Office, and any failure to mention a particular firm, commercial product or process is not a sign of disapproval.

ILO publications and electronic products can be obtained through major booksellers or ILO local offices in many countries, or direct from ILO Publications, International Labour Office, CH-1211 Geneva 22, Switzerland. Catalogues or lists of new publications are available free of charge from the above address, or by email: [pubvente@ilo.org](mailto:pubvente@ilo.org)

Visit our website: [www.ilo.org/publns](http://www.ilo.org/publns)

---

Printed in Switzerland

**PREVENT AND PREPARE FOR PANDEMICS**

**BUSINESS CONTINUITY PLANNING**  
**Guidelines for small and medium-sized enterprises**

*Increasing resilience and mitigating risk to enhance preparedness for crisis recovery*

# **BUSINESS CONTINUITY PLANNING FOR SMALL AND MEDIUM ENTERPRISES**

## Foreword

With workers, employers and communities facing the possibility of a catastrophic pandemic, three years ago the ILO launched efforts to combat the effects of influenza outbreaks on livelihoods and health and safety in the workplace. Its unique tripartite structure places it in an extremely favourable position to address the concerns of governments, employers and workers regarding the threats posed by the disease. ILO's goals are twofold: first, to grapple with the current effects of the most recent influenza strains (avian and swine) in the workplace, promoting good practices that can limit their spread, and second, to encourage preparedness in case of a pandemic.

The ILO started being actively involved on influenza issues when it hosted a technical workshop, "Avian Flu and the Workplace: Preparedness and Response", on 27 September 2006. This conference concluded that ILO's response should focus on: protection of livelihoods, respect for international health regulations, information sharing and the promotion of sound preventive behaviour. Since then, through three different projects, the ILO and its Constituents promoted practical preventive actions for Avian Influenza and Pandemic Human Influenza at the workplace. Countries in Asia, in particular Thailand and Indonesia, are already sharing good practices developed through these recent initiatives. Moreover, the ILO is continuing to support and strengthen coordinated efforts to effectively promote workplace preparedness plans in the face of an influenza pandemic.

## **BUSINESS CONTINUITY PLANNING FOR SMALL AND MEDIUM ENTERPRISES**

ILO's most recent project for livelihoods support and pandemic influenza (in Thailand, Indonesia, Vietnam, Laos, Cambodia, Malaysia) assists small and medium enterprises (SMEs) in their effort to develop contingency plans to protect their workers from future Pandemic Human Influenza. This manual should be used as a practical tool towards this objective. Better work conditions can result in higher productivity and improve the quality of work. Even the simplest measures, such as regular cleaning of equipments and proper storage of materials, can considerably reduce work hazards and upgrade efficiency.

This compilation of good preparedness practices broadens the series of publications already started with the two action manuals for SMEs published by the ILO Sub Regional Office in Bangkok. Ideally, these guidelines for business continuity planning will be constantly updated and improved with the contribution of the readers and, among them, representatives of SMEs, workers' and employers' organizations. Such a participatory approach will enrich and complete ILO's effort. The manual, employing a user-friendly approach, is part of the work plan of the ILO Task Force on Influenza Prevention and Preparedness coordinated by Donato Kiniger-Passigli, Senior Specialist, Strategic Partnerships and Crisis Response Coordination, assisted by Elisa Selva, Influenza Focal Point. Special thanks go to all members of the task force and ILO staff, who have provided valuable comments.

Alfredo Lazarte-Hoyle  
Director  
ILO/CRISIS

# BUSINESS CONTINUITY PLANNING FOR SMALL AND MEDIUM ENTERPRISES

## Contents

Preface .....	5
STEP 1 – Know your business priorities.....	8
1.1 Key business products/services .....	8
1.2 Critical activities .....	9
1.3 Support to critical activities .....	10
STEP 2 – Analyze the risks of a pandemic.....	12
2.1 Impact on your community .....	12
2.2 Impact on your business .....	13
2.2 Impact on your business (continued) .....	14
2.3 Risks rating.....	15
STEP 3 – Reduce the impact of the risks.....	16
3.1 Knowledge management .....	16
3.2 Flexible work practices .....	18
3.3 Supply Chain .....	19
3.4 Communication.....	19
3.5 Policy, insurance and security measures.....	20
STEP 4 – Identify response actions .....	23
4.1 Personnel.....	23
4.2 Customers .....	25
4.3 Communication.....	25

**BUSINESS CONTINUITY PLANNING  
FOR SMALL AND MEDIUM ENTERPRISES**

**Contents**

STEP 5 – Design and implement your Business Continuity Plan..... 26

- 5.1 Design your plan..... 26
- 5.2 Organization details ..... 27
- 5.3 Key response team – Contacts and roles..... 27
- 5.4 External contact details..... 27
- 5.5 Team procedures..... 27

STEP 6 – Communicate your plan ..... 29

- 6.1 Share the plan ..... 29
- 6.2 Internal communication ..... 30
- 6.3 External communication ..... 32

STEP 7 – Test your plan ..... 34

- 7.1 Arrange, review, amend..... 34
- 7.2 Periodically review ..... 35

SOURCES..... 38

ANNEX I ..... 40

ANNEX II..... 52

# BUSINESS CONTINUITY PLANNING FOR SMALL AND MEDIUM ENTERPRISES

## Preface

This model business continuity plan has been elaborated on the basis of ILO's recent research and field work for livelihoods support and pandemic prevention.

Through the UN Central Fund for Influenza Action the ILO developed three consecutive projects<sup>1</sup> in the Asian region to prepare workers and employers in the face of a possible influenza outbreak and, in the worst case scenario, of a pandemic.

ILO efforts are aimed at reducing risks of infection among workers and at inducing behavioural change, equally targeting formal and informal economies. Among the most important achievements obtained so far, the following activities can be enlisted:

- collective good practices were promoted;
- workers in rural and urban areas were advised on ways to improve safety and health standards;
- training materials on prevention and preparedness were developed and disseminated;
- awareness raising and advocacy programmes were conducted at enterprise level.

Moreover, a network of actors involved in influenza and pandemic prevention was created globally, and interministerial cooperation was facilitated in selected countries.

---

<sup>1</sup> Avian Influenza and the Workplace (Thailand), started in October 2007 and ended in January 2009; Avian Influenza and the Workplace (Indonesia), started in April 2008 and ends in June 2009; Livelihood Support for Avian Influenza Prevention and Pandemic Human Influenza Preparedness at the Workplace, started in February 2009 and is currently ongoing in Thailand, Indonesia, Vietnam, Laos, Cambodia and Malaysia.

## BUSINESS CONTINUITY PLANNING FOR SMALL AND MEDIUM ENTERPRISES

Notwithstanding the encouraging preparedness measures already put in place, one area of interest to workers and employers was not adequately covered yet: **business continuity planning**. This is the objective of the present manual. The development of company contingency/preparedness plans, as a participatory process, will help identify the risks that might affect a specific business or organization in times of crisis and devise strategies to reduce their impact. Lessons learned from various sudden onset crises recommend that workers and employers consider, ahead of time, how best to organize their work in the face of possible disastrous scenarios, in order to reduce their devastating impact and prepare for immediate business recovery. When a disaster strikes, the scale of its impact is, in part, determined by the speed and effectiveness of the response of all actors – communities and members of the society alike. Preparedness is a key prerequisite to effective response.

With the ultimate objective of supporting and assisting livelihoods in the event of a pandemic outbreak, the ILO has now compiled a standard business continuity plan comparing different instruments<sup>2</sup> of various specialized institutions and private companies. This model could stand as a general reference for those small and medium enterprises most at risk of being seriously affected by a pandemic outbreak, and could be adopted as a guideline to increase resilience and mitigate risk, thus enhancing preparedness for fast recovery.

A business continuity plan provides opportunities not only to cope with adverse events, but also to develop a stronger strategical approach that will improve overall business operations and processes.

---

<sup>2</sup> In particular, the “Pandemic Influenza Workbook” by the Australian Government was taken as main reference.

## **BUSINESS CONTINUITY PLANNING FOR SMALL AND MEDIUM ENTERPRISES**

The reality of workers and employers is not the only one that can be addressed through this tool: business continuity planning has also a positive rebound on local communities, both in terms of preparedness and of recovery. ILO's current livelihoods support programme in East Asia will help by adopting similar guidelines at the local level that can be transferable to different regions, so that companies and communities can be better prepared for sudden crises.

The seven-step process which the manual recommends should give the reader the opportunity to reflect over the essential elements of a business continuity/emergency plan. All pages contain a notebook space to write down personal considerations and suggestions. Each and every step has a dedicated annex at the end, in the form of a template, which is intended to help consolidate the company plan.

This manual should help companies, organizations and communities to specifically prepare themselves for a possible pandemic. However, it should be applicable to different contexts in times of crisis. Ideas, thoughts and reflections should be validated with individual practical experience and are subject to further refinement. We are grateful to our readers for any suggestions which may help us to improve the first version of this booklet.

Donato Kiniger-Passigli  
(Coordinator ILO Task Force on Influenza and Pandemic Preparedness)  
Senior Specialist  
Strategic Partnerships and Crisis Response Coordination  
ILO/CRISIS



# BUSINESS CONTINUITY PLANNING FOR SMALL AND MEDIUM ENTERPRISES

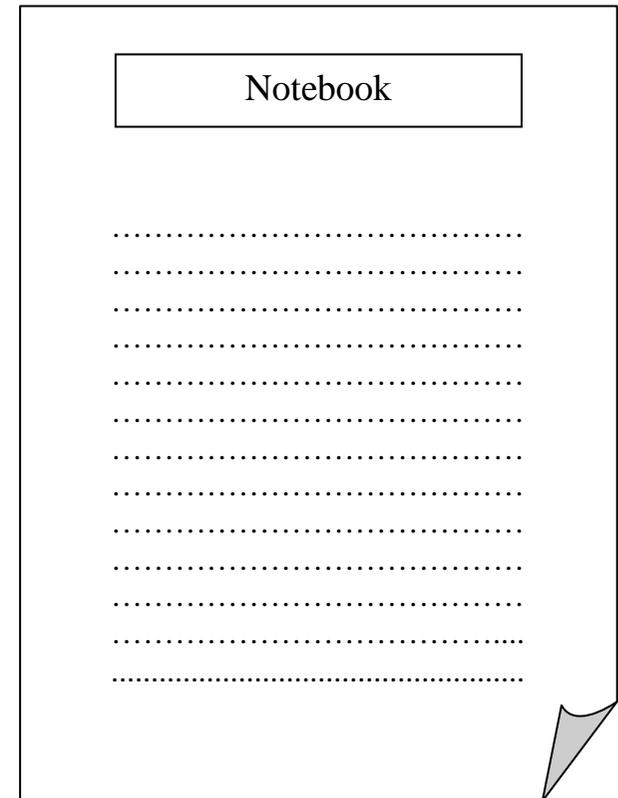
## 1.2 Critical activities

Identify activities which are critical in order to keep your business going.

*Is there a non-essential activity that could be temporarily stopped without affecting the final output?*

*Is there an essential but troublesome activity that could be easily outsourced?*

*Could things be done differently without altering your productivity?*



### IMPROVE YOUR BUSINESS **BASICS**

**Effectiveness is about doing the right things.**

**Efficiency is about doing things right.**

**And productivity is about doing the right things right. It is not about working harder, but about working smarter.**

# BUSINESS CONTINUITY PLANNING FOR SMALL AND MEDIUM ENTERPRISES

## 1.3 Support to critical activities

Identify key individuals in charge of critical activities.

*Who are the heads of department supervising critical activities?  
How are responsibilities distributed?*

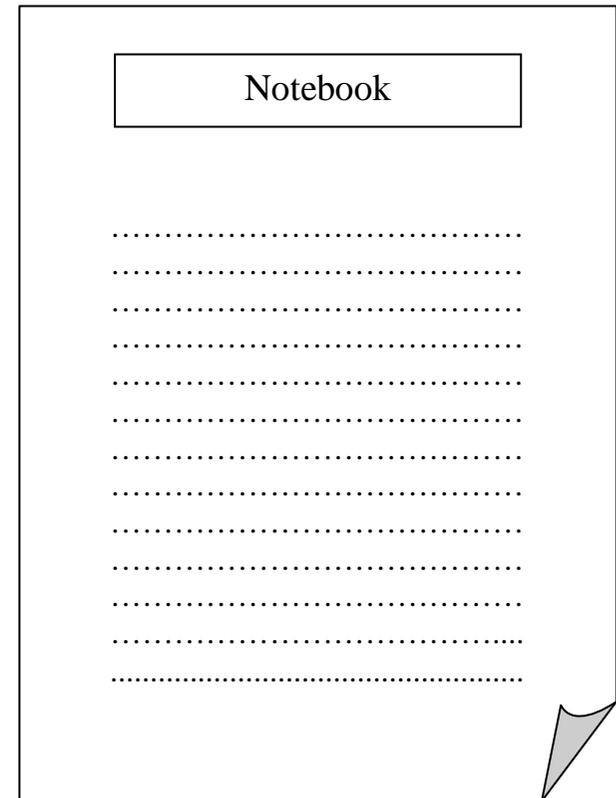
*Is knowledge shared among the members of the department?  
Could workers in a team easily interchange to replace each other in case of sickness?*

Identify contingencies/essential components related to critical activities.

*What do critical activities need in order to continue functioning?*

*Under which circumstances would you be requested to increase/decrease/adapt  
such critical components?*

*How long could you continue to keep your business going with a given amount of resources?*







# BUSINESS CONTINUITY PLANNING FOR SMALL AND MEDIUM ENTERPRISES

## 2.2 Impact on your business

Analyse the impact of a pandemic on your business.

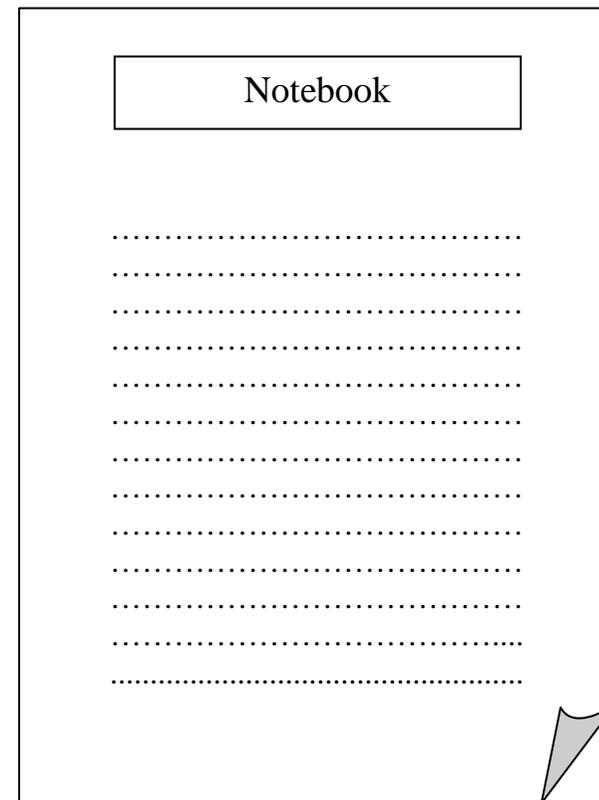
*Which are the most probable consequences a pandemic outbreak will have on your business?<sup>3</sup>*

- *reduced availability of personnel*
- *high levels of uncertainty and anxiety*
- *changes in demand*
- *prolonged duration of the impact*
- *diminished resources*

*Which areas of your business will be affected first?*

*How will the pandemic affect your suppliers, customers, stakeholders, and community?*

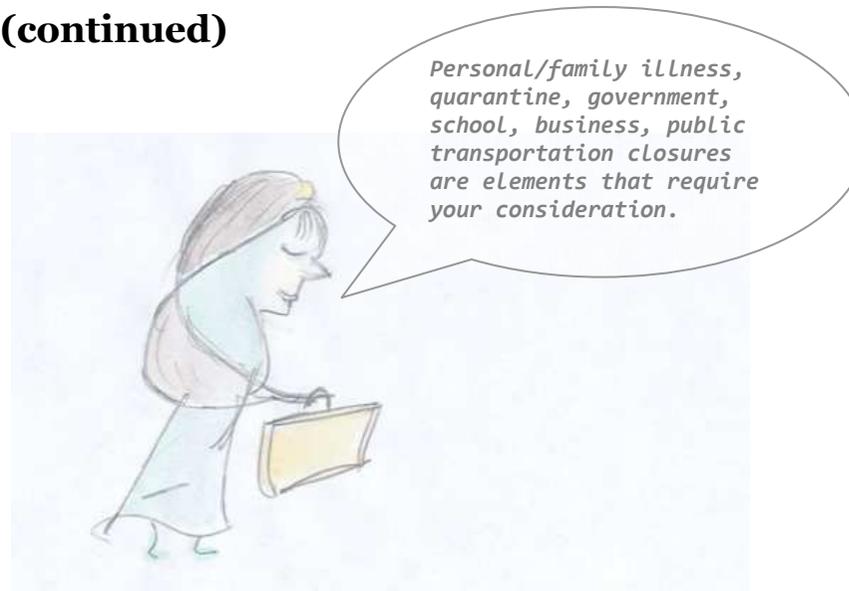
*In return how will this affect your business?*



<sup>3</sup> See Box 3 in Annex II, at the end of this manual, on how to deal with quarantine.

## BUSINESS CONTINUITY PLANNING FOR SMALL AND MEDIUM ENTERPRISES

### 2.2 Impact on your business (continued)



#### Potential impact on business

Once a pandemic occurs, it will usually be an extended event with various periods of outbreaks in the same geographic area, and each outbreak could last from six to eight weeks. It is possible that these waves occur over a year or more. The consequences on businesses could be significant.

For planning purposes, it should be assumed that the rate of absence may rise to 40% during peak periods either because (i) employees are sick, (ii) they have to care for sick family members, or (iii) they are afraid to come to work.

Another likely consequence is that certain key suppliers to your business may be unable to provide you with the raw materials or the labour support they usually provide, because the areas where they are located could be hard hit by the pandemic. Should this occur, your company would not be able to operate, even if your area has not been directly affected by the disease.



**BUSINESS CONTINUITY PLANNING  
FOR SMALL AND MEDIUM ENTERPRISES**

**STEP 3 – Reduce the impact of the risks**

***BEFORE THE EVENT!***

**3.1 Knowledge management**

Ensure the protection and transmission of company knowledge.

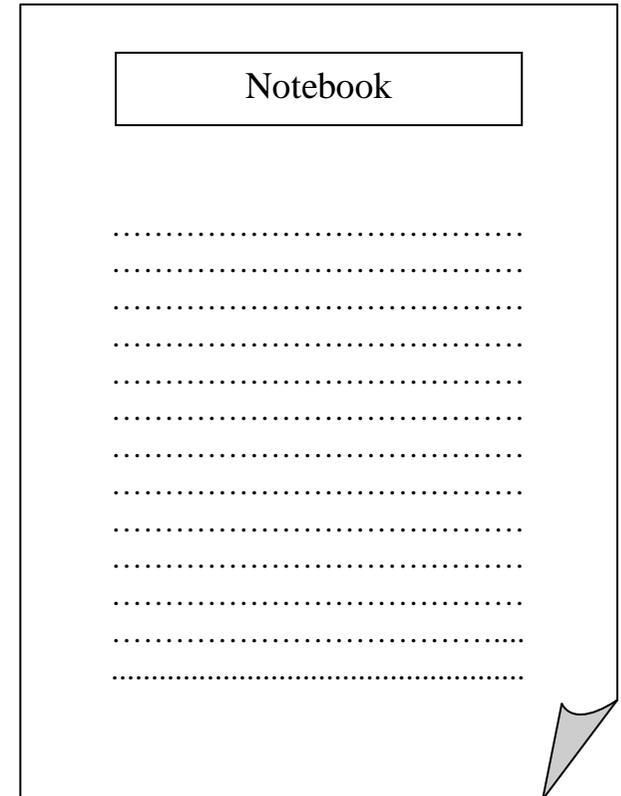
*Is critical information captured and managed?*

*Is knowledge shared among the members of a team?*

Provide Standard Operating Procedures: clear instructions will ensure the continuity of critical processes and will avoid loss of effectiveness.

Consider establishing “emergency” hierarchy lines: you might want to provide more staff with the appropriate authority to take action and make decisions when other staff may be sick.

Create the **Emergency/Pandemic Outbreak Team**, which will be tasked with the development of a pandemic operating regime and related contingency plan.



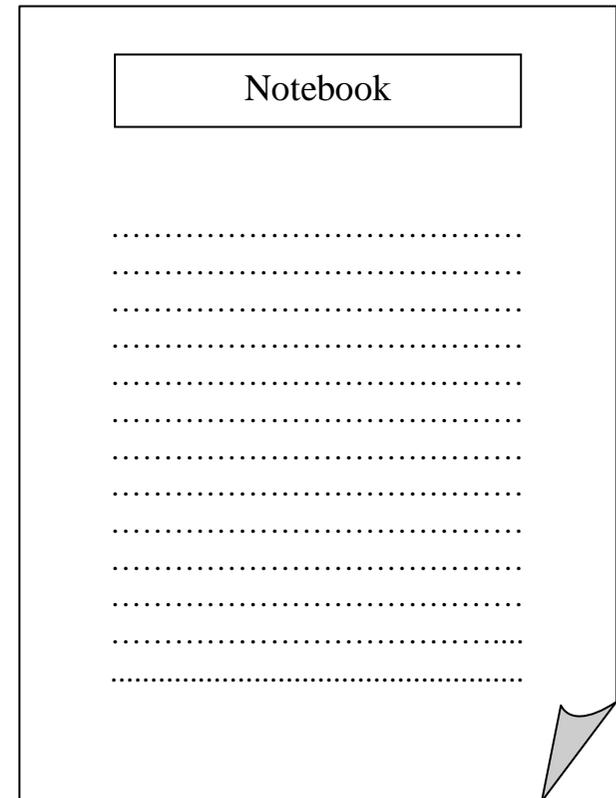
**IMPROVE YOUR BUSINESS BASICS**

**Ensure that all workers in the business together (including you) become a team, with everyone being part of that team.**

**Teamwork improves coordination and interaction between workers, thus increasing productivity. In a team with a good team spirit, all will feel responsible for the success of the business.**

# BUSINESS CONTINUITY PLANNING FOR SMALL AND MEDIUM ENTERPRISES

## 3.1 Knowledge management (continued)



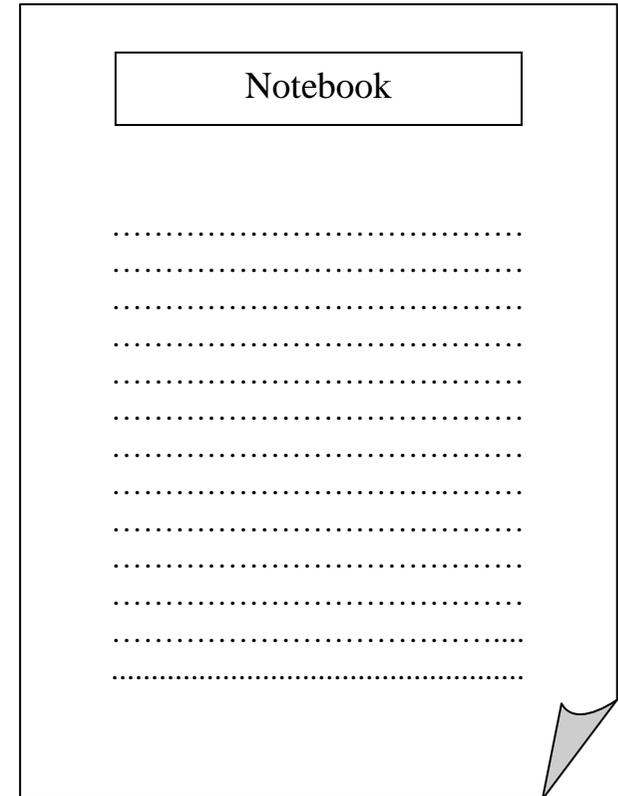
# BUSINESS CONTINUITY PLANNING FOR SMALL AND MEDIUM ENTERPRISES

## 3.2 Flexible work practices

Plan flexible work practices. Make a diagram of the workflow or list the operations in the order they are performed, and consider how they can be improved.

Identify staff who can work remotely, either from home or from other location.<sup>4</sup>

*If you cannot develop a flexible approach to your business, you might consider scaling down operations / closing / supporting other companies for a period of time.*



<sup>4</sup> In the face of a pandemic, employers have to be prepared to change usual practice and work with technical experts and their workers to achieve a reasonable balance of safety versus obligation to work.

# BUSINESS CONTINUITY PLANNING FOR SMALL AND MEDIUM ENTERPRISES

## 3.3 Supply Chain

Identify your main suppliers and ensure they have a business continuity plan in place.

Assess your competitors' bargaining power and position yourself.

*How much will you need to stockpile?*

*Will you need to contract multiple suppliers?*

*Is there any substitute for your critical inputs?*

### IMPROVE YOUR BUSINESS BASICS

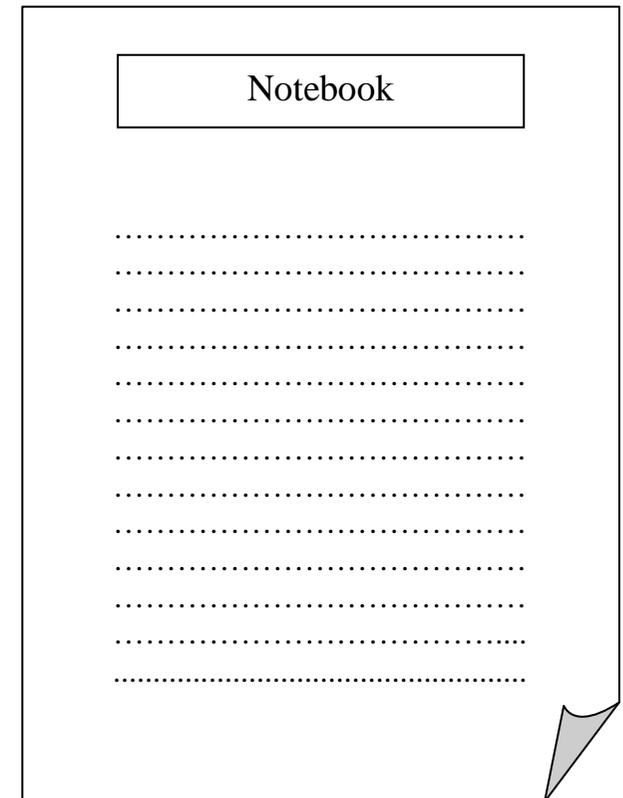
Efficient material storage and handling ensure that work flows smoothly and help protect supplies from being damaged or getting old and obsolete.

## 3.4 Communication

Establish a **Communication Company Team** that during the emergency will be authorized to communicate with staff, key stakeholder, and media.

Arrange for a hotline that will be activated during the outbreak for quick reporting and counselling.

Ensure all contact lists are up to date and maintained.



## BUSINESS CONTINUITY PLANNING FOR SMALL AND MEDIUM ENTERPRISES

### 3.5 Policy, insurance and security measures

Re-examine your insurance policy.

*Is your business covered for all cases, including voluntary and mandatory closure?*

*Is your company covered for loss of income?*

*Is your company insured for sick personnel?*

Review your personnel policies and make sure your employees know their entitlements during a pandemic.

Ensure hygiene conditions are respected and A/C plant and washrooms are well maintained.<sup>5</sup>

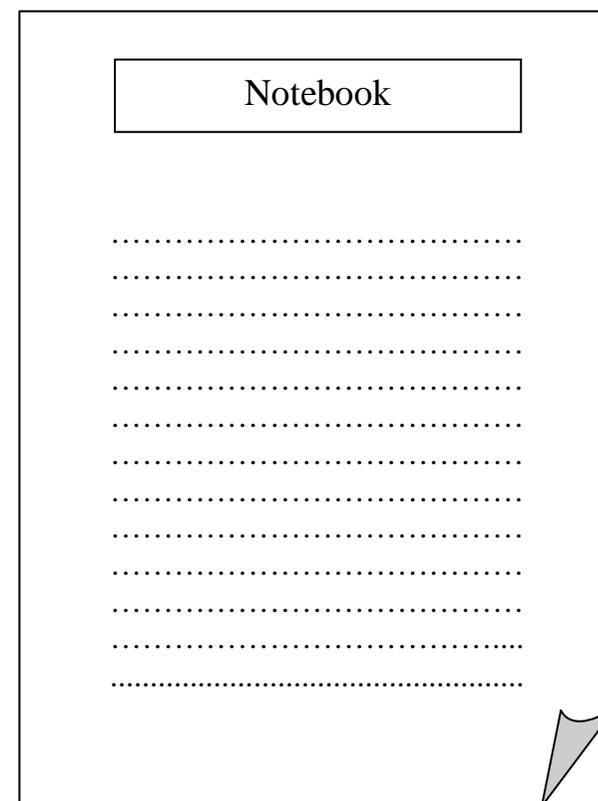
Appoint a security officer and register him/her with police and emergency services.

#### IMPROVE YOUR BUSINESS BASICS

**Make your workers feel safe and secure in their job.**

**In a safe and efficient workplace workers will be motivated to do their job, to do it right, and with a minimum of loss in time, raw materials and quality.**

**A safe and productive workplace is good for workers and appreciated by customers.**



<sup>5</sup> Implement the preventive measures illustrated in the manual « Protecting your employees and business from pandemic human influenza », [http://www.ilo.org/wcmsp5/groups/public/---asia/---ro-bangkok/documents/publication/wcms\\_101422.pdf](http://www.ilo.org/wcmsp5/groups/public/---asia/---ro-bangkok/documents/publication/wcms_101422.pdf)  
See also Box 1.1, 1.2 and 2 in Annex II, at the end of this manual, on protective practices and Personal Protective Equipment (PPE).



## BUSINESS CONTINUITY PLANNING FOR SMALL AND MEDIUM ENTERPRISES

### 3.5 Policy, insurance and security measures (continued)

#### Social protection

According to ILO standards, employers need to find out if their workers have social protection under national schemes and if not, find ways to encourage workers to cooperate with company or private schemes of social insurance. Social protection is especially important in an influenza outbreak to ensure workers cooperation with medical care, quarantine and sick leave regulations. If workers do not seek medical help when unwell with influenza, or take sick leave, they could start a chain of transmission of the disease in the workplace, which could have much more expensive consequences than the timely provision of social protection.

Employers therefore need to decide how they will interact with any of their workers who become sick with influenza and, for whatever reason, are not protected by social protection. Employers may consider providing a suitable form of protection in a pandemic outbreak, to cover the basic costs of medical care or quarantine for any of their workers who are affected, to ensure that sick workers do not attempt to work when unwell or in quarantine.

Regarding workers who are asked to work in jobs with an increased risk of contracting influenza, for instance during an outbreak, it would be unethical to employ them without any employment injury protection. This is essential even for short-term, migrant or daily labourers, who take on employment as part of a response to an influenza outbreak.

Source: adapted from ILO working paper “SARS – Practical and administrative response to an infectious disease in the workplace”.

***In preparing workplace policy,  
employers are advised to consult ILO standards and guidelines and national guidelines,  
in consultation with the workers and workers’ representatives in their organizations.***

***Please check your notebook and consolidate your answers  
using Step 3 template in Annex I at page 43***

# BUSINESS CONTINUITY PLANNING FOR SMALL AND MEDIUM ENTERPRISES

## STEP 4 – Identify response actions

***DURING THE EVENT!***

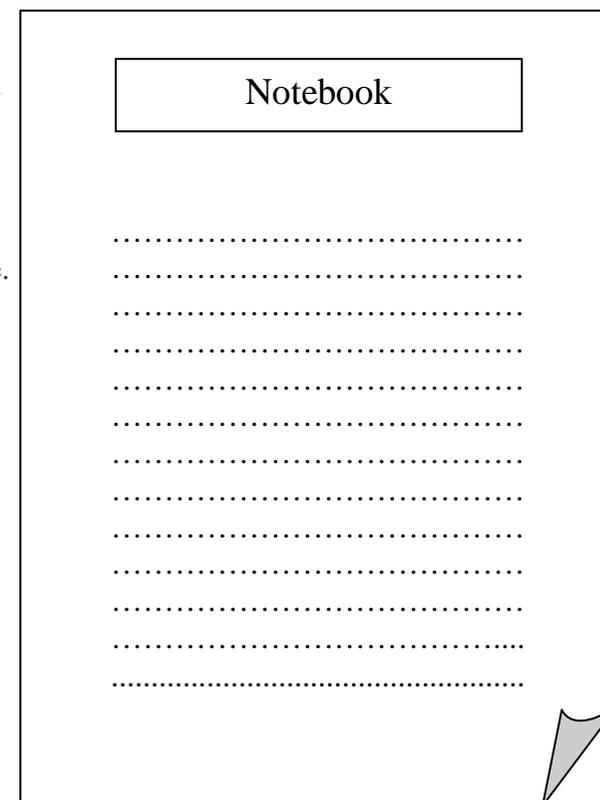
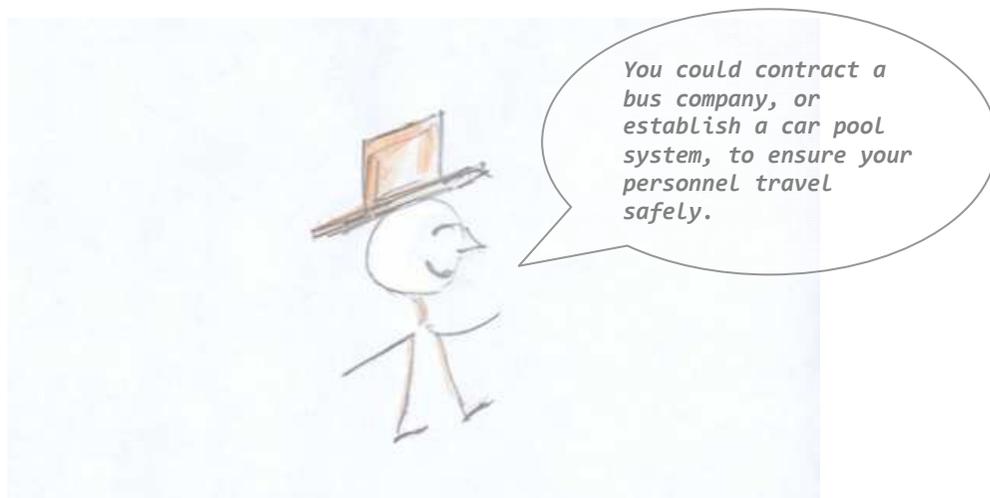
### 4.1 Personnel

Make sure hygiene and social distancing good practices are respected and ensure supplies of tissues, gloves, masks etc. Ensure that staff are sufficiently trained in infection prevention and control and know how to use personal protective equipment (PPE) to be ready for an outbreak.<sup>6</sup>

Secure provision of essential staples.

Consider planning for the security of personnel whilst at the office, as well as whilst working at home.

Elicit your staff views at all time and be open to suggestions.



<sup>6</sup> Follow the instructions at sections III and IV of the manual « Protecting your employees and business from pandemic human influenza » [http://www.ilo.org/wcmsp5/groups/public/---asia/---ro-bangkok/documents/publication/wcms\\_101422.pdf](http://www.ilo.org/wcmsp5/groups/public/---asia/---ro-bangkok/documents/publication/wcms_101422.pdf)



# BUSINESS CONTINUITY PLANNING FOR SMALL AND MEDIUM ENTERPRISES

## 4.2 Customers

Maintain communication with your customers and listen to their needs.

Review your customer database and assess your local, regional, global marketing opportunities.

Review options to reduce delivery costs and movement of people.

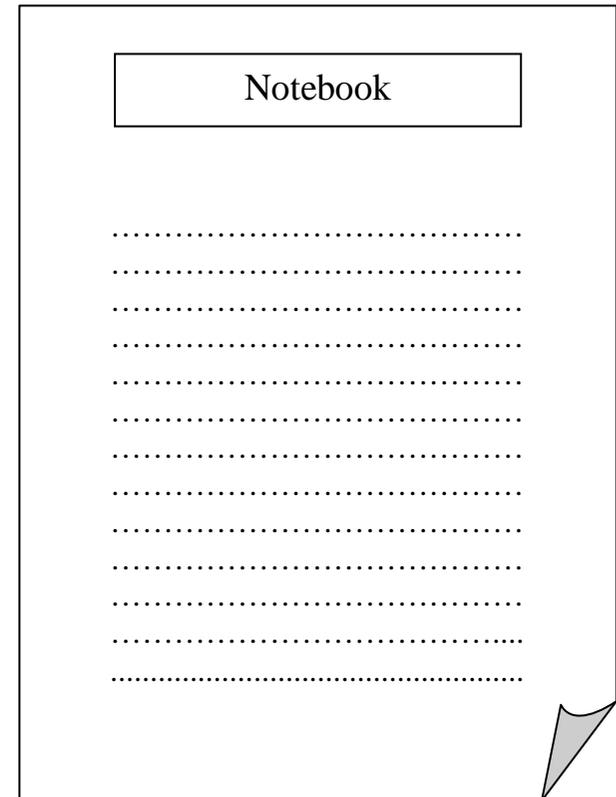
Review possibilities to diversify your production in order to spread the risk among different categories of products.

## 4.3 Communication

Deliver contingency messages through the **Communication Company Team**: share information with your customers and local community, suppliers, banks, neighbouring companies and other business partners, to avoid scaremongering and panic.

*Have you developed a communication strategy/plan for times of emergency?*

Stay current. Monitor the media for advice.



***Please check your notebook and consolidate your answers  
using Step 4 template in Annex I at page 44***

**BUSINESS CONTINUITY PLANNING  
FOR SMALL AND MEDIUM ENTERPRISES**

**STEP 5 – Design and implement your Business Continuity Plan**

**5.1 Design your plan**

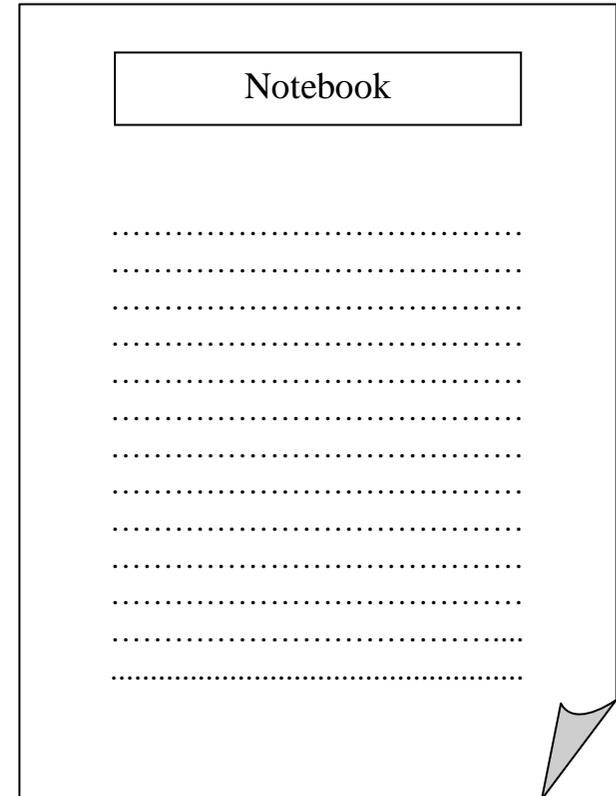
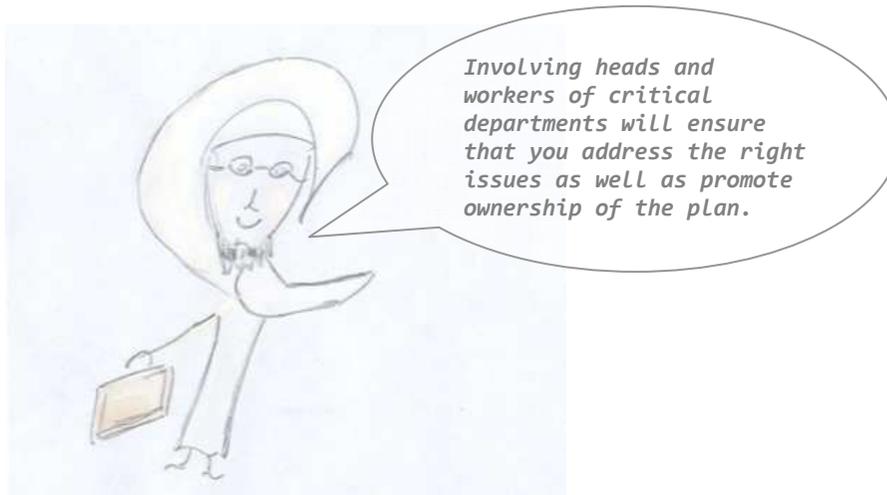
Consolidate all the information gathered through the previous steps.  
Start preparing your plan with the **Emergency/Pandemic Outbreak Team**.

Prepare your response for different scenarios:

- moderate pandemic
- severe pandemic

Taking into account the different levels of severity that the pandemic could reach, your plan will have to foresee various operating schemes, from ordinary business to special/emergency modes, to the suspension of activities for safety reasons.

Outline actions required to prepare for, respond to and recover from the emergency.



# BUSINESS CONTINUITY PLANNING FOR SMALL AND MEDIUM ENTERPRISES

The template of your plan will contain:

## 5.2 Organization details

List company contacts and details and keep them up to date.

## 5.3 Key response team – Contacts and roles

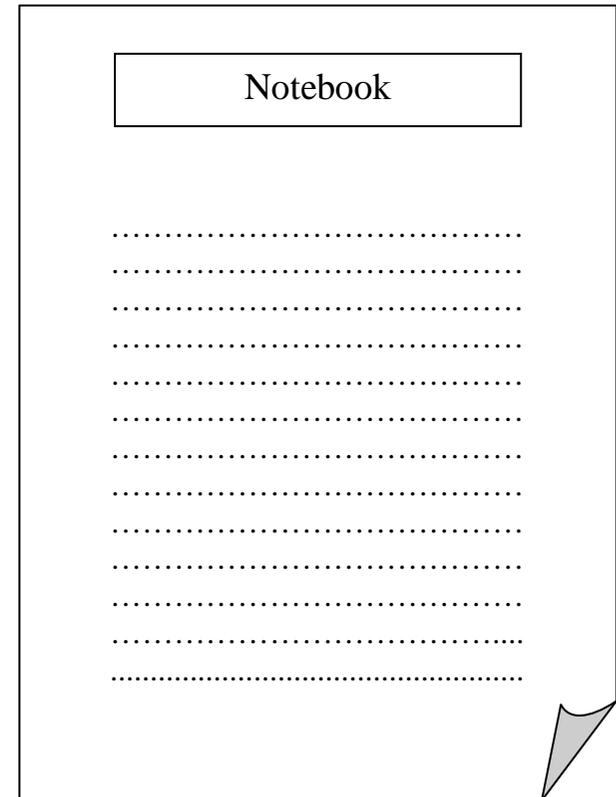
Identify who in the company will be in the **Emergency/Pandemic Outbreak Team**. Roles and responsibilities must be clearly stated in the plan, as well as possible replacements.

## 5.4 External contact details

Prepare a directory of all external contacts/stakeholders your organization deals with. This list needs to be maintained and updated regularly.

## 5.5 Team procedures

For any possible event, identify actions required, responsibilities involved and supporting documents and resources.



***Involvement of union representatives is highly recommended at any step of the planning process.***

***Please check your notebook and consolidate your answers using Step 5 templates in Annex I at pages 45-48***

## BUSINESS CONTINUITY PLANNING FOR SMALL AND MEDIUM ENTERPRISES

### 5.3 Key response team – Contacts and roles (continued)

#### Managerial responsibilities and workers' safety concerns

It is recommended that prior to any outbreak of influenza, managers of staff who might be expected to work during an outbreak, enter into discussion with workers to jointly agree on parameters that would define the workers' and management's responsibilities.

During such discussions with workers the following issues could be raised:

1. The responsibility of management to remove sick people from the workplace or to provide adequate systems of isolation.
2. The responsibility of management to provide appropriate PPE, if relevant to the actual workplace situation.
3. The responsibility of management to provide protection, such as medication or immunization, when available, to those at increased workplace risk.
4. The responsibility of workers to cooperate with the occupational health and safety measures provided by the employer.
5. The responsibility of management to help workers ensure adequate social protection.
6. The setting up of joint management - workers committees to discuss workplace safety concerns.
7. The involvement of the workers in policy decisions on who could reasonably be excused from service in increased-risk areas. If there are no pre-existing national guidelines, the following groups could be discussed:
  - pregnant workers;
  - breastfeeding workers;
  - elderly workers;
  - workers with medical conditions that might increase their risk of catching or dying from influenza;
  - workers with social or psychological difficulties;
  - workers requesting compassionate leave after bereavement.
8. The possibility of incentives or community recognition for those willing to work in areas of increased risk, for example: by assurance of maximum social protection, increased earnings, extra vacations, rewards and recognition for services rendered, etc.
9. The ongoing commitment of management to respond appropriately if a worker has a particular safety concern.
10. The protection of workers from any disciplinary action if they, in good faith, felt there was a breach in occupational safety and health that caused them to complain about their working conditions.

Once the management and workers have developed a system, based on national guidelines, that offered a reasonable balance between the protection and the responsibilities of the workers, the workers would need to be informed and comply with its decisions.

Source: adapted from ILO working paper "SARS – Practical and administrative response to an infectious disease in the workplace".

**BUSINESS CONTINUITY PLANNING  
FOR SMALL AND MEDIUM ENTERPRISES**

**STEP 6 – Communicate your plan**

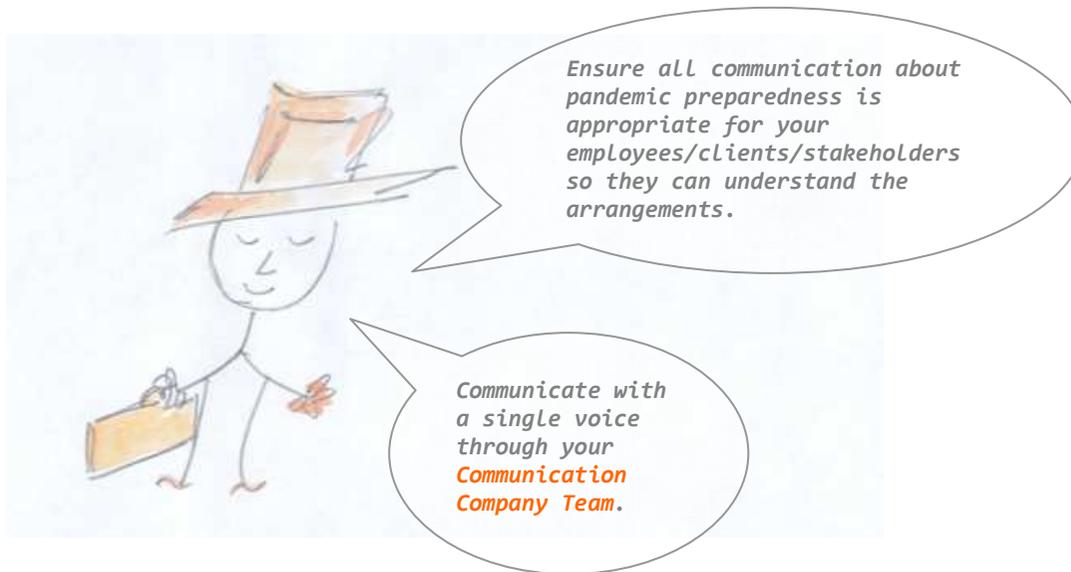
**6.1 Share the plan**

Inform your staff, suppliers, customers, stakeholders and the media about the existence of a plan. At different levels of detail, share with them which response actions you are going to implement and which policies will be supporting your action.

*When would you communicate the details of the plan to staff and others who would benefit?*

*Which tools would be most effective to communicate to each particular audience?*

Address internal and external stakeholders' different specific needs.



Notebook

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....





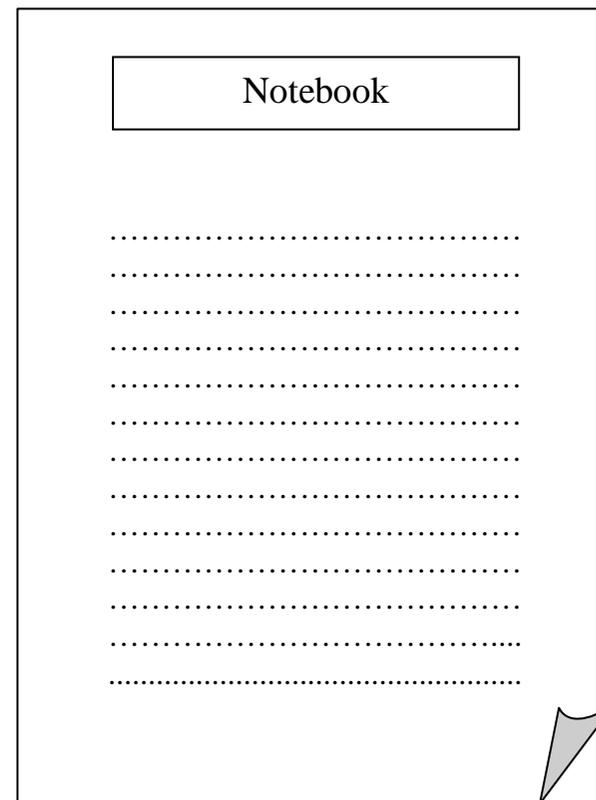
# BUSINESS CONTINUITY PLANNING FOR SMALL AND MEDIUM ENTERPRISES

## 6.3 External communication

Prepare clear contingency messages accurately targeted to your audience to avoid scaremongering and panic.

Collaborate with other organizations and share lessons learned from other pandemic continuity plans.

Consider assigning a point of contact with local and/or state and territory emergency, health and insurance institutions to maximise understanding and communication about other plans and what can be provided during a pandemic.



*Please check your notebook and consolidate your answers  
using Step 6 template in Annex I at page 49*

## BUSINESS CONTINUITY PLANNING FOR SMALL AND MEDIUM ENTERPRISES

### IMPROVE YOUR BUSINESS **BASICS**

#### Customer relations

Maintaining good relations with customers is essential. Satisfied customers come back. Dissatisfied customers will spread rumors and could ruin your business.

#### Relations with suppliers

Keeping good relations with suppliers helps maintain a steady supply of good quality materials and prices. Moreover, suppliers are a good source of information about business trends: your company will benefit from the connection.

#### Your family

A good and constructive relationship with your family is important both for the material and the moral support that you will need to start and improve your business.

#### Your neighbours and the community

A business that cares about the impact it has on the neighbourhood will enjoy the support of its community.

#### Competitors

Competition is healthier when it is done through cooperation. Both you and your competitors will benefit from sharing relevant information and good practices.

#### Government agencies, trade unions, business associations, and other institutions

Government agencies and trade unions can help your business comply with existing regulations. Constant dialogue with representatives of these and other organizations will help you gain the support of your workers and community, and will often give you good ideas to improve your business.

**BUSINESS CONTINUITY PLANNING  
FOR SMALL AND MEDIUM ENTERPRISES**

**STEP 7 – Test your plan**

**7.1 Arrange, review, amend**

Put arrangements in place and test them.

Review the plan frequently in order to make sure that problems and solutions you identified remain relevant.

Amend outdated procedures and practices and update contact lists.

*Is there anything you have overlooked?*

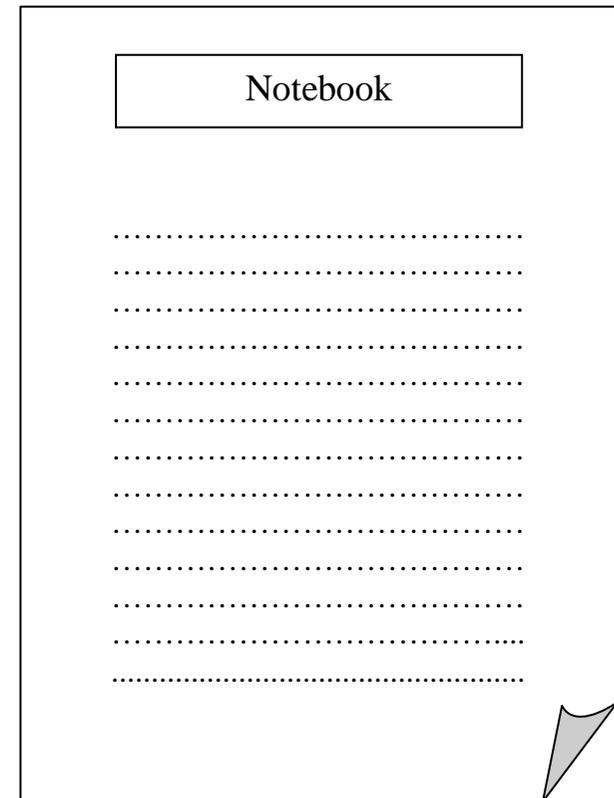
*Is your plan practical?*

*Are your staff aware of their roles?*

It is up to the individual enterprise to decide how often to review the plan.

*How much are the key activities or the environment of the organization likely to change?*

*Which are the potential new and emerging risks? Does the plan reflect them?*





## BUSINESS CONTINUITY PLANNING FOR SMALL AND MEDIUM ENTERPRISES

### IMPROVE YOUR BUSINESS BASICS

#### Plan to prevent accidents

Maintain equipment and make sure workers use it regularly.  
Organize your workers to work safely and train them.

#### Carry out regular safety inspections

Identify all hazards and unsafe working practices and get information from your workers.

#### Correct problems immediately

Once danger is recognized, immediately find a solution to reduce the risk of accidents.

#### Have a plan for when accidents occur

Make sure that a quick response can be put in place in case of emergency.

### **Business Continuity Planning and Disaster Risk Reduction**

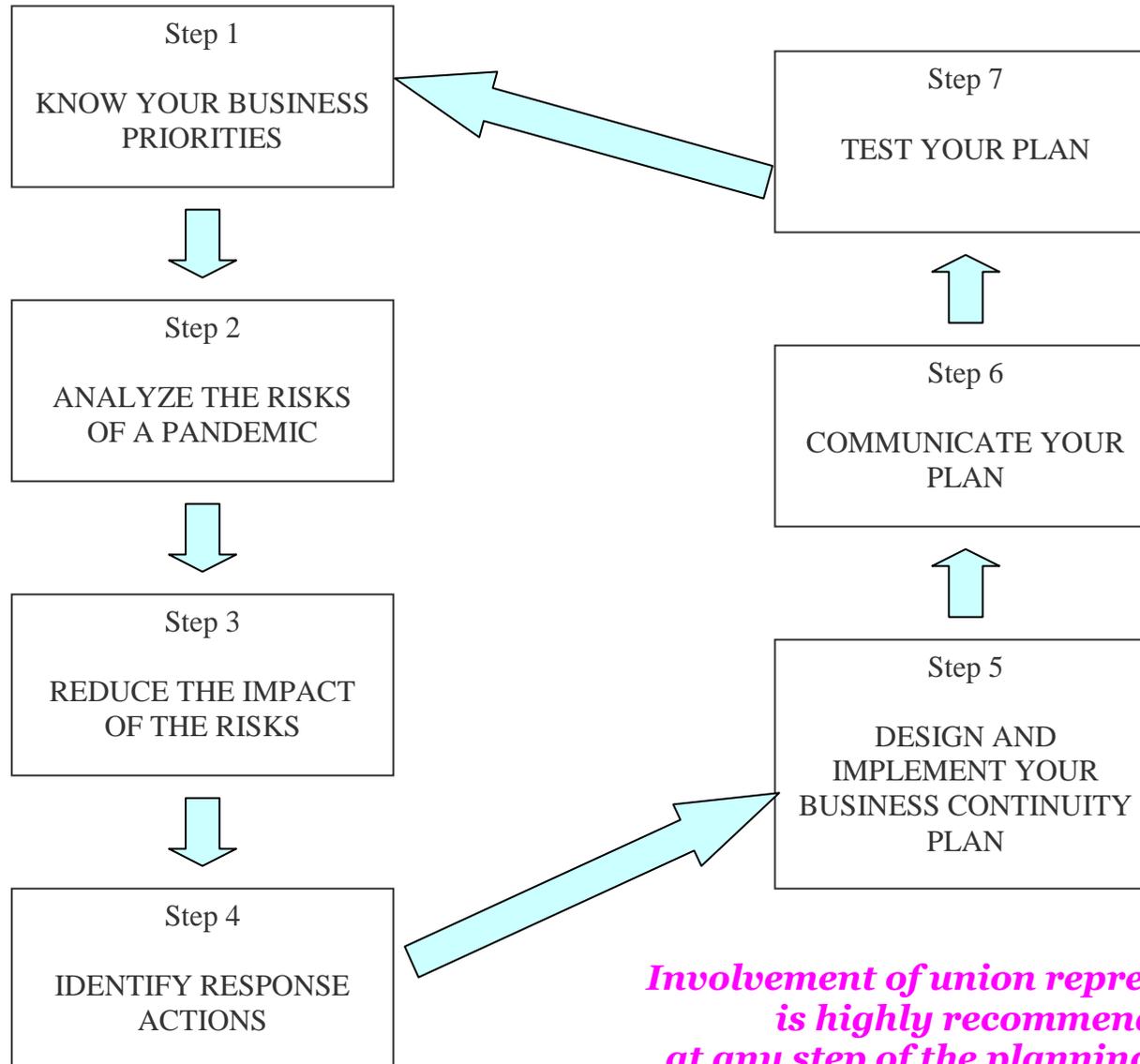
Business Continuity Planning helps a company/organization to prepare for unexpected negative events.

Disaster risk reduction (DRR) promotes efforts to minimise risks and related vulnerabilities.

DRR practices include preventing disaster risk and limiting the adverse impact of hazards when they occur, through disaster mitigation, preparedness and response. DRR measures should therefore be taken into account when planning for business continuity.

# BUSINESS CONTINUITY PLANNING FOR SMALL AND MEDIUM ENTERPRISES

## KEY STEPS IN PLANNING



*Involvement of union representatives  
is highly recommended  
at any step of the planning process.*

# BUSINESS CONTINUITY PLANNING FOR SMALL AND MEDIUM ENTERPRISES

## SOURCES

While compiling relevant materials, several sources have been consulted. Suggestions have been retained from the following sources:

**Building resilience through business continuity and pandemic planning - Pandemic Influenza Workbook**, *Australian Government, 2008*

[http://www.fahcsia.gov.au/sa/communities/progserv/Documents/pandemic\\_influenza/default.htm](http://www.fahcsia.gov.au/sa/communities/progserv/Documents/pandemic_influenza/default.htm)

**Pandemic Business Continuity Planning**, *Teed Business Continuity, 2005*

[http://www.teed.co.uk/pandemic\\_business\\_continuity\\_planning.shtml](http://www.teed.co.uk/pandemic_business_continuity_planning.shtml)

**Business Continuity during an avian flu pandemic**, *Continuity Central, 2005*

<http://www.continuitycentral.com/feature0251.htm>

<http://www.continuitycentral.com/feature0664.html>

**SARS – Practical and administrative responses to an infectious disease in the workplace – Working Paper**, *International Labour Office, 2004*

<http://www.ilo.org/public/english/protection/safework/accidis/sars.pdf>

**People and Productivity – Improve your business Basics**, *International Labour Office, 2003*

**Higher productivity and a better place to work – Trainers’ manual**, *International Labour Office, 1988*

## BUSINESS CONTINUITY PLANNING FOR SMALL AND MEDIUM ENTERPRISES

Project by: Donato Kiniger-Passigli and Elisa Selva.

Original illustrations by DKP, Geneva 2009.



*The designations employed in ILO publications, which are in conformity with United Nations practice, and the presentation of material therein do not imply the expression of any opinion whatsoever on the part of the International Labour Office concerning the legal status of any country, area or territory or of its authorities, or concerning the delimitation of its frontiers.*

*The responsibility for opinions expressed in signed articles, studies and other contributions rests solely with their authors, and publication does not constitute an endorsement by the International Labour Office of the opinions expressed in them.*

*Reference to names of firms and commercial products and processes does not imply their endorsement by the International Labour Office, and any failure to mention a particular firm, commercial product or process is not a sign of disapproval.*

**BUSINESS CONTINUITY PLANNING  
FOR SMALL AND MEDIUM ENTERPRISES**

**ANNEX I**

*Templates for Business Continuity Planning adapted from  
the “Pandemic Influenza Workbook” by the Australian Government*









**BUSINESS CONTINUITY PLANNING  
FOR SMALL AND MEDIUM ENTERPRISES**

**STEP 5 – Design and implement your Business Continuity Plan TEMPLATE**

***ACTION PLAN***

Company Details	
Company Name	
Address	
Location (Street Directory Reference)	
Telephone Number	
Facsimile Number	
E-mail Address	

**BUSINESS CONTINUITY PLANNING  
FOR SMALL AND MEDIUM ENTERPRISES**

**STEP 5 – Design and implement your Business Continuity Plan TEMPLATE (continued)**

***ACTION PLAN***

Emergency/Pandemic Outbreak Team - Contacts and Roles				
Name	Work Number	After hours Number / Mobile	Role in the emergency	Back-up

**BUSINESS CONTINUITY PLANNING  
FOR SMALL AND MEDIUM ENTERPRISES**

**STEP 5 – Design and implement your Business Continuity Plan TEMPLATE (continued)**

External Contact Details			
Name	Work Number	After hours Number / Mobile	Role in the emergency
Police			
Fire			
Ambulance			
Insurance Company			
Contractors			
Suppliers			
Key Staff			
Workers' Organizations			
Employers' Organizations			

**BUSINESS CONTINUITY PLANNING  
FOR SMALL AND MEDIUM ENTERPRISES**

**STEP 5 – Design and implement your Business Continuity Plan TEMPLATE (continued)**

Team Procedures			
Team:		Manager:	
		Back-up Manager:	
Procedures	Action Required		
	Before the Event - Preparation Phase	Person Responsible	Supporting Documents/Resources
	During the Event - Immediate Phase	Person Responsible	Time Elapsed (hours / days)
			Supporting Documents/Resources
	After the Event - Recovery Phase	Person Responsible	Time Elapsed (days/months)
			Supporting Documents/Resources

**INVOLVE UNION REPRESENTATIVES IN YOUR PLANNING PROCESS!**



**BUSINESS CONTINUITY PLANNING  
FOR SMALL AND MEDIUM ENTERPRISES**

**STEP 7 – Test your plan TEMPLATE**

***BUSINESS CONTINUITY PLANNING CHECKLIST***

Question	Yes	No
Do you know what the most critical products and services of your organisation are? If yes, have they been documented?		
Do you know what impact a pandemic might have on your company and business? If yes, have these impacts been documented?		
Do you know who the key people are in your company and their roles? If yes, have they been documented?		
Do you know what key skills are required to continue the delivery of your key products/services? If yes, have they been documented?		
Do you know how long you can continue to operate with limited staff and limited resources? If yes, has this been documented?		
Do you know what specialist information technology and/or equipment is required for your critical operations? If yes, has this been listed?		
Do you know which suppliers are necessary for you to continue to operate? If yes, are there alternative options available? Have you seen their plans to ensure they will still be able to provide products/services to you?		
Do your employees know what to do in a pandemic?		

**BUSINESS CONTINUITY PLANNING  
FOR SMALL AND MEDIUM ENTERPRISES**

**STEP 7 – Test your plan TEMPLATE (continued)**

***BUSINESS CONTINUITY PLANNING CHECKLIST***

Question	Yes	No
Have you developed social distancing policies? Are staff aware of pandemic hygiene and social distancing practices?		
Have you rehearsed measures that support social distancing i.e. testing technology for employees to work from home, establishing teleconferencing facilities etc?		
Do you have the contact details for your employees, suppliers, insurers, union representatives if you need them in an emergency? Is this information stored in more than one place?		
Does your location or neighbouring company increase your risk (e.g. do you have a reception desk that is open to the public)?		
Do you have supplies of masks, gloves, detergents, alcohol wipes etc?		
Do you have cash reserves?		
Would staff be able to assume different roles to ensure the delivery of services if required (e.g. have staff been cross trained)?		
Do staff members share in key information or is it accessible (e.g. can several people access keys, passes, safe combinations) if access is required in an emergency?		
Have you discussed possible response measures with union representatives?		

**If you answered “No” to any of these questions, you should consider developing or expanding plans that can assist you to manage an unscheduled event.**

**If you answered “Yes” to any of these questions, you should still remember to review and update these plans.**

## **ANNEX II**

*Thematic boxes adapted from ILO working paper*

*“SARS – Practical and administrative response*

*to an infectious disease in the workplace”*

## BUSINESS CONTINUITY PLANNING FOR SMALL AND MEDIUM ENTERPRISES

### Box 1.1

#### The following protective practices can be recommended:

1. The provision of clean toilets, liquid soap and hand washing facilities.
2. The provision of individual towels or hand dryers for hand drying.
3. The provision of covered rubbish bins for used towels, handkerchiefs or litter.
4. Encouraging workers to wash their hands after they use the toilet and before eating.
5. The provision of individual, clean utensils for eating and drinking.
6. Encouraging workers to use tissues to contain respiratory secretions, to dispose of the tissues immediately after use in a covered bin, and then to wash their hands.
7. Not allowing spitting in the workplace.
8. Ensuring daily cleaning of workplace areas and toilets, using normal household disinfectants or diluted household bleach.
9. Ensuring workplace cleaners are trained in cleaning techniques and are supplied with utility gloves and adequate cleaning materials, to protect both themselves from injury and workers from contamination.
10. Ensuring a continual supply of fresh air, or if the workplace is mechanically ventilated, adequate maintenance, filtration and cleaning of the system, to prevent any airborne circulation of micro-organisms.
11. Ensuring acutely sick or febrile workers or visitors do not come into the workplace, especially if they are.
12. Encouraging sick employees to seek a medical opinion before returning to work, if they have persistent fever and other influenza symptoms.

## BUSINESS CONTINUITY PLANNING FOR SMALL AND MEDIUM ENTERPRISES

### Box 1.2

#### Additional measures only required during an outbreak:

13. Prevention of close or physical contact in the workplace, such as handshaking or kissing as forms of greeting.
14. Avoiding any forms of gathering. Telephone or internet meetings should substitute face to face meetings.
15. Preparation of a suitable isolation area in the workplace for the assessment and clinical care of suspected case(s) and storage of personal protective equipment (PPE), to use if a suspected case comes into the workplace.

### Box 2

#### Personal protective equipment (PPE)

The aim of this equipment (or clothing) is to completely cover the worker with a physical barrier to the virus. Great care also needs to be taken while putting on and wearing the protective clothing to ensure the protective barrier is not inadvertently broken by maladjustment. Similarly, great care is needed on removal of the PPE, to avoid contamination by touching the outer surface of the clothing.

The typical requirements for PPE include:

- disposable gloves;
- disposable respirator (eg. N-95, N-99, N-100);
- disposable gown or other protective overall;
- waterproof apron;
- waterproof boots;
- goggles as eye protection;
- a face shield;
- a head cover.

## BUSINESS CONTINUITY PLANNING FOR SMALL AND MEDIUM ENTERPRISES

### Box 3

#### Quarantine

One of the most effective ways to control an influenza pandemic outbreak is to impose a system of quarantine for those people who have had close contact with a suspect or confirmed patient, or exposure to their secretions. These people who are to go into quarantine are not ill, the only reason they are being quarantined is because of their exposure to the risk of infection. One of the main reasons for quarantine therefore, is to greatly reduce the movement of people who may develop the disease over the next few days.

People in quarantine are well people and will feel quite capable of performing their work and usual daily tasks. It is therefore important that those requested to go into quarantine understand why the request is made in order to increase their compliance. It is equally important, to ensure voluntary compliance, that some recompense for loss of earnings be made to quarantined workers. This recompense may only be a percentage of usual earnings, but, at least, needs to ensure that basic living expenses for food and accommodation can still be met. Workers also need to be assured that they will be legally protected from dismissal at work if, in complying with quarantine orders, they have to be absent from work.

#### Working in quarantine

It may be that a worker is requested by an employer to continue to do some work while in quarantine. For instance it may be possible for the worker to access a computer with links to the workplace or to do some other light indoor work. In such cases the worker and employer would have to negotiate an agreement regarding salary to be paid, hours to be worked and general conditions while quarantine lasted. Care should also be taken that occupational health and safety rules are respected if work is to be done in the home and that quarantine rules are not violated if papers or materials have to be passed between the worker and employer.

## BUSINESS CONTINUITY PLANNING FOR SMALL AND MEDIUM ENTERPRISES

### Box 4

#### Confidentiality

During a pandemic outbreak it is to be expected that public health authorities be authorized by governments to perform medical screening of populations, contact tracing, quarantine and isolation of cases. Indeed such public health measures may be backed by national legislation and so citizens are obliged to cooperate with the measures imposed. Such legislation can be considered ethically correct as it strives to protect the whole community from harm. Nonetheless, any medical or personal information, gained as part of a national effort to control the disease, should be kept within the usual boundaries of medical confidentiality and information gathering.

For instance, if workers are screened for influenza in the workplace, medical information will be gathered about them, such as their temperature or any symptoms they may have. This information is confidential to everyone, except those medically authorized to record and use it. Similarly, if a sick worker is discovered and requested to leave the workplace by the public health authorities, the medical details of the worker should be kept confidential. Clearly the organization should be informed that the worker has been found unfit to work but the general principles of medical confidentiality should be respected.

ILO Programme on Crisis Response  
and Reconstruction (ILO/CRISIS)  
International Labour Office  
4, route des Morillons  
CH-1211 Geneva 22  
Switzerland

For further information: [www.ilo.org/influenza](http://www.ilo.org/influenza)