



# Live Without Fear

Never have to say "If Only".  
Practice responsible  
intimacy. Be free to love  
without worries.

*Know the facts. Get tested  
for HIV and STIs.*



**CHANGE** is a comprehensive workplace health and wellness campaign under the **iFLY Fit.Live.Young.** Healthy Lifestyle in the Workplace Program that aims to enable young professionals to make healthy choices to improve their well-being and overall performance.

